

NANANGO STATE HIGH SCHOOL *Newsletter*



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TERM 1 3rd March 2023

NEWSLETTER #3

PRINCIPAL'S COMMENT

Attendance at Excursions, Camps and Extra-Curricular Activities

For students to attend non-curriculum excursions, camps and extra-curricular activities, their school fees need to be up to date, which can include the negotiation of a payment plan, if required. Students must also have attendance rates above the school target of 89% and have demonstrated appropriate behaviour at school. If there are any concerns or questions regarding these requirements, please contact the school.

Attendance Ladder



Respect Effort Safety Responsibility

Great state. Great opportunity.



PRINCIPAL'S COMMENT (Cont)

Lifelong Learning

Our students are living in a time where the world is in a constant state of change. To ensure our students can navigate this world and establish a positive future for themselves, a key goal of schooling is to teach students to become 'life-long learners'.

BENEFITS OF LIFELONG LEARNING



NURTURES
CURIOUS MINDS

OPENS MINDS
AND INCREASES
WISDOM

BUILDS NEW
SKILLS,
IMPROVES
THOSE YOU
ALREADY HAVE



IMPROVES
MEMORY AND
INCREASES
SELF-
CONFIDENCE

Vanessa Moller
Principal

MATHS HOMEWORK CLUB

Maths Homework Club is back in 2023. This is an excellent opportunity for your student to complete Math homework, revise, and receive support or clarification with their classwork and assignments. All students are encouraged to attend.

The club takes place every Wednesday in Classroom B1. There are two timeslots available, and your student is welcome to attend either or both sessions.

First Break - 11:25 am to 12:10 pm

After school - 3:15 pm to 4.15 pm

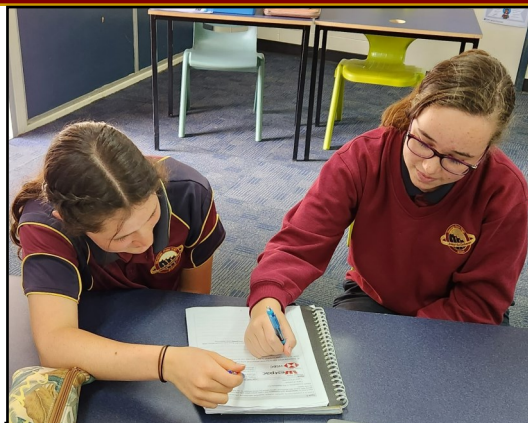
The classroom provides a safe and happy working environment for students. Support and guidance will be available from dedicated staff and myself. Please note that attendance to this Homework Club is voluntary and **no new curriculum content will be delivered during this time.**

Please encourage your student to make the most out of this fantastic opportunity, and support them in attending on a regular basis. If you would like your student to participate after school, please complete and return the permission slip to the office. (No permission slip is required for attending the lunchtime session)

Please do not hesitate to contact me if you need more information or assistance. The school's phone number is 41716444, and my email address is wxkok0@eq.edu.au

William Kok

HEAD OF DEPARTMENT – MATHS / HPE / E-LEARNING



GRIP LEADERSHIP

On Friday the 24th February, our school captains, Declan, Buddy Leyton and myself, attended the GRIP Leadership conference at the Highfields Cultural Centre. At this event, we gained valuable and necessary leadership skills that will assist us in our captaincy throughout the year, both in the school and throughout the community. It also allowed us to mingle with different schools and connect with other leaders from around the Toowoomba region.

This conference held four sessions where we learnt the necessary skills in order to be great leaders. Throughout these sessions there were 'loud noises' segments where students from all different schools had to play different games which built morale and made the day even more enjoyable.

Our first loud noises segment was 'making your school a great place for everyone'. This session taught us a valuable lesson in making everyone feel included and made us realise how important community was. We learnt that when a student feels welcome there is an environment filled with positivity and a sense of vibrancy.

The second session was 'the people a leader can make the most impact on'. Here we learnt about the importance of understanding our audience, who wants to be impacted and why they were to be impacted. This session allowed us to gain momentum by focusing first on three key categories where we will have an immediate impact. These are: people who already look up to you,



Pictured above: Leyton Prenner, Mackenzie Bygrave, Miss Dixon, Buddy Reader and Declan Cogger.

people left out by others, and people who are like minded.

The next sessions were elective sessions where Leyton and I learnt about how to get everybody participating in big events and Declan and Buddy learnt about the value of making every student feel included. Every student leadership team wants to see a greater participation in the events that they organise. Leyton and I learnt that there are many solutions to attaining participation and valued this session. Buddy and Declan learnt that a student leader shouldn't only be 'doing things' if none of it actually leads to students feeling comfortable and valued.

The last session was another elective session where we all learnt how to get everybody on board with a new idea and how to make it as effective as possible. We learnt the importance of always having a "why?" or a proper reason. This workshop gave us the strategies for getting school staff on board, as well as our fellow leaders and broader student body.

The day concluded with a quick Q & A and a final 'loud noises' segment. Overall, we had a great day and look forward to implementing our newly acquired skills throughout the year as school captains. We would also like to thank Miss Dixon for accompanying us on the day and the organisers of the event, as it would not have been possible without their help.

Mackenzie Bygrave

THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD

Over the next few weeks, many students will be talking about, and signing up for, 'The Duke of Edinburgh's International Award' in both Bridge and Bronze sections. Our year 7's and 8's will receive information about signing up for Bridge at a year

level parade in the near future, and our 10's received information on Wednesday to take up the offer of a Bronze level or a continuation. Therefore, I thought it would be a good time to explain a little about the program.

The Duke Edinburgh's International Award is an internationally recognized program for young people, building their skills to equip them for life and work. The activities a participant chooses to undertake for each of the four sections is entirely up to them. It is a very personal program, offering young people a structure to fulfill their passions and ambitions in a way that suits them. Many students are already doing such activities. Participants have the freedom to progress through The Duke of Ed according to their personal needs and abilities and the individual sets the benchmark – there is no such thing as fail.

Many areas of the award can be completed at school with such programs as 'The Brekky Club', 'The Walking Club', any of a number of sports, and the Accelerated Reader program to name a few.

Nanango State High believes the program is extremely beneficial to the development of the student, so much so that all year 10 students are given the opportunity to sign up as a Bronze Participant or an Award Continuation at no cost to the student. This also includes payment for the Adventurous Journey component, which will be undertaken at Barambah Environmental Education Centre.

Once Bronze, Silver or Gold are completed, students receive additional QCE points, an award and badge at Awards Night and a great certificate for their resume.

Sam Snow

Duke of Edinburgh Award Leader



In this edition of SchoolTV - RESILIENCE

Resilience is one of those skills that all kids need and should have. It refers to their ability to cope and adapt in situations when confronted with challenges such as adversity, trauma, tragedy, or even stress. It is essential to their mental health and wellbeing as part of their journey to adulthood. It is a skill that can be learned from an early age through the support of an adult role model.



However, being resilient does not mean your child won't experience any difficulties, but it will better equip them to manage those situations. Over-protective parenting can be viewed as being unhelpful towards the building of resilience. Although this may be a natural instinct, potentially experiencing failure is all part of the process. Encouraging children to take healthy risks will help them trust their capacity to deal with uncomfortable situations and increase their capacity for courage.

In this edition of SchoolTV, parents will gain an understanding of how to support their child's brave behaviour to help them adapt and build resilience.

We hope you take time to reflect on the information offered in this edition of SchoolTV and we always welcome your feedback. If you have any concerns about your child, please contact the school counsellor for further information or seek medical or professional help.

Here is the link to the **Resilience** edition of SchoolTV

<https://nanangoshs.eq.schooltv.me/newsletter/resilience>



Bunya Mountains

YR 8 GEOGRAPHY FIELD TRIP TO THE BUNYA MOUNTAINS

In term 1, the Year 8 Geography students have examined Landforms and Landscapes. From looking at the earth's layers and finding out about the newest layer, a Magnet core, to the plate boundaries or fault lines that devastated Türkiye (formally Turkey) and Syria with the massive earthquakes.

It was now time to see first-hand, several landscapes; through the Bunya Mountains and experience aspects of what they have learned. The sights, smells, noises and feel of a rainforest and predicting how the mountains were made. Students investigated the human impact, cultural significance and ways we all can protect our environments. It was a great experience and thank you to Paskelle Dixon-King for making this experience happen.

Ms Cheal



Bunya Mountains





SPORT



SOUTH BURNETT SPORT

Congratulations to the following students who have made a South Burnett Sport Representative Team:



U15 Boys Rugby League

Kaiden Weston
Isaiah Smallwood
Ryan Wallace
Harry Ballin

Open Boys Rugby League

Sebastian King
Riley Hermann

Open Girls Rugby League

Lily Railton-Thompson
Venessa Diaz
Rhiannon Snow

U15 Girls Soccer

Charlie Ehrlich

U16 Boys Soccer

Alex Morley

Open Girls Soccer

Maddison Ehrlich
Natalie Ward

U15 Girls Netball

Lynleigh Beutel
Jazz Mladenovic

Open Girls Netball

Gabrielle Duncombe
Tia Mladenovic
Rhiannon Snow

SCHOOL BOY'S RUGBY LEAGUE

The School Boys Bronco's Challenge is about to begin for 2023. Students who have expressed interest can now collect the permission and code of conduct letter which needs to be signed by both the student and a parent/guardian.



Mouthguards are compulsory for this competition.

This year, Nanango State High School will be entering an U15s and Opens team into the competition. Mr Braedon McKee and Mr Steve Wilshaw have offered to coach these teams. Unfortunately, we cannot run a U13s team this year due to lack of interest.

NETBALL

Netball training has started for our junior teams with our senior girls and new senior boys team starting week beginning 27th February. Trainings for juniors will be on Tuesday and Thursday mornings, Thursday mornings for our senior girls and Monday afternoons for senior boys. Training permission notes have been collected and need to be returned before students can commence training.





Coming Events

March 2023

7th Leadership Investiture

8th - 10th Year 7 Camp

8th - Years 8, 9 & 10 Extension Maths
QUT Excursion

8th - QMEA International Women's Day
Breakfast

8th - South Burnett 10 - 12 Years
Cluster 3 Trials - Netball, Rugby League, Hockey,
Football & Tennis

9th - Year 12 - Lions Youth of the Year

10th - QPSRL League Touch - Gala Day

13th - Wide Bay 13 - 19 Yrs
Cluster 2 Trials - Rugby Union, Football, Netball,
Basketball & Squash

15th - 17th - Year 10 Camp

15th - Year 7A, 7B & 9A, 9B, 9E NAPLAN Writing

16th - Year 9C, 9D, 9E NAPLAN Reading

16th - Year 11 & 12 Physics Field Trip

17th - Year 11 & 12 Science in Practice Excursion

20th - P & C AGM 1.30pm

Don't forget to LIKE
Nanango State High School
on Facebook to stay up to date
with important information
and school events.



NSHS TUCKSHOP MENU TERM 1 2023

HOT FOOD

Chicken Nuggets	\$ 3.00
Sausage Roll	\$ 4.00
Garlic Bread	\$ 4.00
Cheese & Bacon Pizza	\$ 4.00
Roast Tomato & Vege Slice *GF*	\$ 4.00
Spinach & Cheese Roll	\$ 4.50
Toasted Sandwich	\$ 5.00
Chicken & Gravy Roll	\$ 5.00
Chicken Tender Wrap	\$ 5.00
Plain Pie	\$ 5.00
Cheese & Bacon Pie	\$ 5.00
Meatball Sub	\$ 6.00
Chicken Parmy Sub	\$ 6.00
Sauce x 2	\$ 0.50

PASTA & RICE BOWLS

Bacon Carbonara	\$ 6.00
Butter Chicken & Rice	\$ 6.00
Beef Lasagne	\$ 6.00
Burrito Bowl / Wrap	\$ 6.00

SALAD BOWLS & SALAD WRAPS

Green / Greek / Caesar	\$ 5.00
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Extras

Roast Tomato & Vege Slice	\$ 4.00
Ham	\$ 1.00
Chicken	\$ 1.00
Egg	\$ 0.50
Dressing (Asian, Caesar, Balsamic, Soy)	\$ 0.50

SANDWICHES

(NOT AVAILABLE WEDNESDAY)

Egg & Lettuce	\$ 5.00
Chicken	\$ 5.00
Chicken & Cheese	\$ 5.00
Chicken, Lettuce & Mayo	\$ 5.00
Ham	\$ 5.00
Ham & Cheese	\$ 5.00
Ham, Cheese & Tomato	\$ 5.00
Cheese & Tomato	\$ 5.00

SUSHI

(ONLY AVAILABLE WEDNESDAY)

Chicken & Avocado	\$ 3.50
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SNACKS

Jelly & Custard Cup	\$ 1.00
Mousse Cup	\$ 1.00
Crackers & Cheese	\$ 2.00
Chips	\$ 2.50
Cake of the day	\$ 2.50

DRINKS

Water 600ml	\$ 1.50
Poppers	\$ 2.00
Juice Bomb	\$ 2.50
Water 1 Litre	\$ 2.50
Orchy's Juice 375ml	\$ 3.00
Aloe Chill	\$ 3.00
Waterfords	\$ 3.00
Breaka 300ml	\$ 3.50
Nippy's Iced Milk	\$ 3.50
Chill Tea	\$ 3.50
Orchy's Juice 500ml	\$ 4.00
Ice Break 500ml	\$ 4.50
Large Breaka 500ml	\$ 4.50
OAK Milk 600ml	\$ 4.50

ICE BLOCKS

Zooper Dooper	\$ 0.50
Icy Pole	\$ 1.50
Billabong	\$ 2.00
Twin Pole	\$ 2.00
Dixie Cup Vanilla *GF*	\$ 2.50
Milo Cup	\$ 3.00
Maxibon	\$ 4.00



ORDERS TO BE MADE VIA QKR APP PRIOR TO 8.30AM

OR

DIRECTLY AT TUCKSHOP BEFORE 8.45AM (CASH / EFTPOS)

PRICES ARE SUBJECT TO CHANGE





Don't Miss the 2023 Truck Show Careers Days

Your school's Year 10-12 students are invited to explore diverse & rewarding career opportunities on either the Thursday 18 May or Friday 19 May 2023.

This invitation is extended to students, teaching staff and careers advisors.

What's happening?

The Brisbane Truck Show is the largest commercial vehicle event in the Southern Hemisphere. The most recent shows have won three successive Australian Event Awards.

Around 40,000 people from across Australia and around the globe will attend the spectacular showcase of the very latest innovations in trucks, trailers and technology; wall-to-wall across all three floors of the Brisbane Convention & Exhibition Centre.

Australia's innovative design, engineering and manufacturing are the envy of the world, and there has never been a better time to jump on board. Right now, the industry is going through an amazing transition towards a low carbon future through electromobility.

We are hosting well over 1,000 students from over 50 schools to this year's event – and your school is invited to be amongst them.

Your visit to the 2023 Brisbane Truck Show

- **National Apprentice Challenge** – Australia's best have been selected to represent their State for two days of dynamic competition to find the best team in the country. Entertaining and informative commentary, great interviews and presentations offer students a behind-the-scenes look at Australia's vital heavy vehicle industry.
- **Brisbane Truck Show careers walk** – Our new digital mapping offers student's a self-guided tour of the show and highlights all the career specialists waiting to welcome students to their stands. Exhibitors can't wait to talk to students about the diverse career opportunities their companies have to offer.

For more details and to RSVP visit

<http://www.brisbanetruckshow.com.au/Schools-to-Industry-tours>

What you need to know

- HVIA is offering every school a grant/stipend towards the cost of transport for students and teachers to and from the show.
- School students **must** wear school uniforms. Entry is FREE to students.
- Teachers will receive a VIP Pass for FREE entry.
- We will contact you to schedule your school's visit, discuss transportation grants, daily itineraries, pickup and drop-off points, contacts, and necessary permissions.



**HEAVY VEHICLE
INDUSTRY AUSTRALIA**

2/115 Bluestone Circuit, Seventeen Mile Rocks QLD 4073
P: (07) 3376 6266 E: admin@brisbanetruckshow.com.au



WHAT CAN WE DELIVER FOR YOU?

You probably already know that trucks deliver everything from your phone, to your clothes and your food...?

Australia's heavy vehicle industry also delivers:

- innovation,
- sustainability,
- technology,

and...
diverse and rewarding career paths.

It could be your future too.

Get on board here:
Truckjobs.online



Work - Study - Training for Year 12 completers.

Hi there, I'm Renee, the Link and Launch Coordinator in the South Burnett. The Link and Launch program supports young people to identify their options after finishing school and assists them to navigate available pathways and achieve their goals.

Get in touch for more information!

Renee Feather - Link and Launch Coordinator
M: 0460 010 461 E: rfeat6@eq.edu.au

LINK AND LAUNCH





Limited Spaces

Track & Cross Country

Athletics Australia Accredited Level 1 Community Coach:
(Blue Card, First Aide)
Jericho Pogany

MONDAY AND TUESDAY

3:30 PM - 4:30 PM
NSHS OVAL

FRIDAY

3:30 PM - 4:30 PM
Nanango Primary School Oval

SATURDAY (Speed then Strength)

2 PM - 3/3:30 PM
NSHS OVAL

09-18 Year olds

**Speed Training
Middle Distance
Cross Country**

- \$5 Per Training Session
- \$50/Month all Sessions +\$25 for monthly personalised training program

Enquiries

jerichorunningsquad@gmail.com



NANANGO PANTHERS SOCCER CLUB

COME & TRY!

THURSDAY, 9TH MARCH

4PM - 5PM

ALAN DOWNIE SPORTS FIELD,

BURNETT ST, NANANGO

AGES 5 - 16



P & C

Annual General Meeting

1.30pm

Monday 20th March 2023

Tennis Coaching

Come and join in the fun with

Mr B's

PROFESSIONAL TENNIS

Kingaroy, Kumbia, Nanango

Contact Mr B on 0409895527



Join the fun





ABOUT

Ready for Work assists disadvantaged Queenslanders transition into the workforce through an eight week course covering the practical skills they need to gain work.

DATES

Tuesdays - 10:30 to 2:30

7 Feb - 14 Feb (2 week break)

7 March - 11 April

CONTACT

☎ 07 4162 7788

✉ KIRSTYC@SBCTC.COM.AU



CTC - working for our community

LOCATION

The training will be held at the Barambah Youth Services Hub which is on Gore Street in Murgon.

ELIGIBILITY

You are eligible for the program if you are between 15 and 25 years and are:

- not eligible for Australian Government employment services or assistance; or
- require support as you have barriers to learning and employment; or
- you have been unemployed for more than six months.

SKILLING QUEENSLANDERS FOR WORK

This Skilling Queenslanders for Work project is proudly funded by the Queensland Government.



COMMUNITY NOTICEBOARD

This is a CTC Safer Communities Program initiative for 12-24 year-olds. This project received grant funding from the Australian Government through the Safer Communities Fund Round 6 Early Intervention grants stream.

SOUTH BURNETT CTC
your key to the future
CTC - Youth Services

**HAVE FUN
MAKE FRIENDS
LEARN A NEW SKILL**

**THURSDAYS 6-7PM
AT KARATE 4 KIDS
POUND ST KINGAROY
STARTING FEBRUARY 9TH**

**FREE BEGINNERS
BOXING
CLASSES FOR 12-24 YEAR-OLDS**

Transport can be arranged by calling Kate on 0429 190 713

SOUTH BURNETT CTC
your key to the future

GIRLS ONLY
SELF DEFENCE & FITNESS CLASSES
EVERY TUESDAY 6-7PM
Commencing Tuesday, February 7
At Karate 4 kids, 11/27-31 Pound Street Kingaroy

This is a **FREE** weekly class for **ALL SOUTH BURNETT** women as part of the CTC Safer Communities Program. No registration is required - just wear comfortable clothes, bring your own water bottle and come enjoy a fun, supportive & empowering female-only mixed martial arts and fitness class.

**Transportation can be arranged
by calling Kate on 0429 190 713**

This program received grant funding from the Australian Government through the Safer Communities Fund Round 6 Early Intervention grants stream



Do you need help with the NDIS?
APM community Development team is Popping Up at a library near you.

KINGAROY LIBRARY

Civic Centre Glendon Street Kingaroy

Tuesday 21st March



Tanduringie SS P&C

63 ENGINEERING

Bendigo Bank

2023 Bull Ride

NRA affiliated Bull Ride

SHANE CULLEN MEMORIAL Open Ride

\$2500 + buckle and jacket e/f \$114

- Novice Bull Ride \$600 e/f \$63
- U18 Junior Bull Ride \$300 e/f \$28
- U15 Mini Bull Ride \$150 e/f \$18
- 7-U12 Mini Bull Ride \$150 e/f \$18
- Local U15 Junior Steer Ride \$200 e/f \$22
- Local 7 - U12 Mini Bull Ride \$150 e/f \$18

SB HIRE & SALES

Bar operating from 4
Canteen operating from 5

Adult	\$20
School age	\$15
U6	FREE
Family (2A2C)	\$50

Saturday 11th March
@ MAIDENWELL SPORTS GROUND
Gate opens 4:00

Graham House Community Centre

Pre loved Clothing Markets

Plus Small Market Emporium

SATURDAY 11th MARCH 2023 | 9am - 12pm

Shop till you can't fit anything more in your warbrobe

Fill a plastic shopping bag with clothes for 50c

FREE CLOTHING AVAILABLE

Pearen Street MURGON 4605
Behind Graham House

SAUSAGE SIZZLE
(Funds going to Murgon Mens Shed)

COFFEE TRUCK

MARKET STALLS
Contact us to book a space

Bookings & more information contact: 07 4169 8400

GRAHAM HOUSE COMMUNITY CENTRE
Supporting our community

Attendance Matters
...every school day counts!

Don't forget

Nanango & District Netball Association

COME AND TRY!

FRIDAY 3RD & 10TH MARCH
4PM - 5PM
BOYS & GIRLS AGES 5 - 18

Nanango & District Netball Association nanangonetball@gmail.com
O448256512 Netball Courts, Brooklands Rd, Nanango, QLD 4615

